



# Nature's Medicine price list

## Osteopathy & Injury Rehabilitation

### Osteopathy & Cranial Osteopathy

- £55** Up to 60 minute new client appointment
- £47** Up to 45 minute follow up appointment
- £35** Up to 30 minute appointment for children

### Sports & Remedial Massage

- £55** 60 minute appointment
- £45** 45 minute appointment
- £35** 30 minute appointment

## Complementary Therapies

### Swedish Massage & Holistic Massage – with pre-blended aromatherapy oils

- £55** 60 minute appointment
- £45** 45 minute appointment
- £35** 30 minute appointment

### Pregnancy Massage

- £55** 60 minute appointment

### Back, Neck & Shoulder Massage

- £45** 45 minute appointment

### Indian Head Massage

- £35** 30 minute appointment

### Tui Na (Chinese Medical Massage)

- £55** 60 minute appointment

### Angel Therapy Massage

- £75** 90 minute appointment

### Thai Massage

- £95** 90 minute treatment
- £120** 2 hour treatment

### Aromatherapy

- £60** 75 minute consultation & treatment
- £60** 60 minute follow up appointment
- £50** 45 minute follow up appointment

### AromaTouch Technique with doTerra Oils

- £50** 60 minute appointment

### Reflexology

- £55** 60 minute appointment

### Reflexology for Fertility & Maternity

- £55** 60 minute appointment  
*Book 6 sessions and get 6th half price*

### La Stone – Hot and Cold Stone Therapy

- £65** 60 minute appointment
- £85** 90 minute appointment

### Hopi Ear Candles

- £50** 45 minute appointment

### Acupuncture

- £65** 90 minute new client appointment
- £55** 60 minute follow up appointment

### Cupping Therapy

- £55** 60 minute appointment
- £45** 45 minute appointment
- £35** 30 minute appointment

### Bowen Technique

- £65** Adult – 60 minute appointment
- £35** Children – Up to 60 minute appointment for children 14 years and under

### Crystal Healing

- £55** 60 minute appointment

### Reiki

- £60** 75 minute consultation & treatment
- £55** 60 minute follow up appointment

### Angel Reiki

- £55** 60 minute appointment
- £80** 90 Minute appointment with angel cards
- £100** 120 minute appointment with massage

### Reiki Healing Massage

- £60** 60 minute appointment

### Herbal Medicine

- £75** Initial consultation
- £50** Follow up appointment

### Medical Nutrition

- £95** Initial consultation
- £75** Follow up appointment

### Asyra – Pro Bio Energetic Screening System

- £69** Adult
- £59** Children

### Homeopathy

- £75** Initial consultation
- £50** Follow up appointment

### Life Coaching

- £55** Initial consultation – 60 minute appointment
- £45** 45 minute follow up appointment
- £250** 6 sessions paid in advance
- £140** 3 sessions paid in advance

### Counselling & Psychotherapy

- £60/£80** 60 minute appointment

### Meditation

- £35** 30 minute – one to one session
- £10** Group meditation

### Mindfulness for Stress

- £55** One to one. *Book 6 sessions and get the 6th half price*

### THOR

- £70** Soft Laser Therapy (per session)

### Physiotherapy

- £50** Up to 60 minute initial consultation
- £45** Up to 40 minute follow-up appointment
- £65** Up to 60 minute follow-up appointment

### Woman's Health Steam with Tent

- £35** 30 minute steam only
- £105** 90 minute steam with abdominal massage

## Beauty Treatments

### REN Clean Skincare Bespoke Facials

- £65** 75 minute appointment
- £47** 45 minute express facial

### Ayurvedic Kansa Wand Facial

- £55** 60 minute appointment