

PRICELIST

Osteopathy & Injury Rehabilitation

Osteopathy & Cranial Osteopathy

- £65 Up to 60 minute new client appointment
- £55 Up to 45 minute follow-up appointment
- £42 Up to 30-45 minute appointment for children

Physiotherapy

- £65 Up to 60 minute initial appointment
- £55 Up to 45 minute follow-up appointment

Cranial Sacral Therapy

- Adults:**
- £65 Up to 60 minute initial appointment
 - £60 Up to 45 minute follow-up appointment
- Babies or children:**
- £50 Up to 45 minute initial appointment
 - £42 Up to 30 minute follow-up appointment
- Mother and baby combination therapy:**
- £65 Up to 60 minute initial appointment
 - £55 Up to 45 minute follow-up appointment

Pilates (one to one)

- £63 60 minute appointment
- £55 45 minute appointment

Sports & Remedial Massage

- £63 60 minute appointment
- £51 45 minute appointment
- £40 30 minute appointment

Complementary Therapies

Swedish Massage & Holistic Massage with pre-blended aromatherapy oils

- £63 60 minute appointment
- £51 45 minute appointment
- £40 30 minute appointment

Pregnancy Massage

- £63 60 minute appointment

Back, Neck and Shoulder Massage

- £51 45 minute appointment

Indian Head Massage

- £40 30 minute appointment

Tui Na (Chinese Medical Massage)

- £63 60 minute appointment

Thai Massage

- £80 60 minute taster treatment
- £125 90 minute treatment
- £160 2 hour treatment

Reflexology including fertility and maternity

- £63 60 minute appointment

Reiki / Angel Energy Healing

- £68 60 minute treatment
- £52 45 minute energy cleanse & boost

Reiki / Angel Energy Healing

- with Angel Card Reading
- £52 45 minute treatment

Angel Therapy Massage

- £120 2 hour treatment with card reading

Reiki Healing Massage

- £70 60 minute treatment

Soul Plan Reading

- £120 90 minute treatment

AromaTouch Technique

- with doTerra Oils
- £63 60 minute appointment

Hot & Cold Stone Therapy

- £63 60 minute appointment
- £99 90 minute appointment

Hopi Ear Candles

- £54 45 minute appointment

Acupuncture

- £73 90 minute new client appointment
- £63 60 minute follow-up appointment

Cupping Therapy

- £63 60 minute appointment
- £51 45 minute appointment
- £40 30 minute appointment

Bowen Technique

- £85 Up to 60 minute appointment

Crystal Healing

- £63 60 minute appointment

Herbal & Nutrition Therapy

- £49 Mini 30 minutes
- £99 Wellness 60 minutes
- £149 Intense 90 minutes

Homeopathy

- £82 Initial consultation
- £60 Follow-up appointment

Life Coaching

- £63 Consultation
- 5 x booked in advance: £262

Mindfulness for Stress

- £63 One to one
- Book 6 sessions and get the 6th half price

Meditation

- £38 30 minute one-to-one session
- £10 Group meditation

THOR Soft Laser Therapy

- £73 per session

Woman's Health Steam with Tent

- £36 30 minute steam only
- £125 90 minute steam with abdominal massage

Breathwork

- £125 90 minute appointment

Subconscious Transformational Coaching

- £133 60 minute appointment
- £363 3 x 60 minute appointments

Facials

Organic Facials

- £63 60 minute treatment
- £51 45 minute treatment

Non-surgical Face Lift*

- £62 60 minute treatment

Neolifting Facial*

- £62 60 minute treatment

*A course is recommended (20% off a block booking of 6 treatments)